AWAKENING KUNDALINI THE SECRET INNER SERPENT POWER

Explanations of

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RISING KUNDALINI

The astral force which passes through the coiled serpentine passage at the coccyx from the senses to the brain with the help of some high technique of Self-realization, is termed the *awakened* Kundalini , or *awakened* coiled force.

OUTGOING KUNDALINI

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Unseen forces that govern the body have often been spoken of as very subtle, hidden and hard to control. etc. Thus the Hindu savants specially name the outgoing force of Life Energy at the base of the spine in the coccyx as the Serpent Force or Kundalini (circular). This force is spoken of as Kundalini Serpent, because it runs down through a circular passage into the sex nerves. This is the outgoing force which tempted the Eve of feminine nature of feeling and sensation in man, which in turn tempted the masculine self-control-nature in man to eat the apple or indulge in physical sex union, instead of spiritual union of feeling and knowledge.

REVERSING THE FLOW OF KUNDALINI

Many people think that this Kundalini force can be easily awakened or roused by accident. They are the ones who mistakenly speak of the Kundalini awakening or divine awakening as being dangerous. In the state of sleep the energy and consciousness in the human body retire from the muscles and sensory nerves and senses to the region of the heart, spine, and brain. In deep ecstasy the devotee knows how to consciously withdraw life force from the coccyx and heart and to race it through the coiled passage at the base of the spine and through the spinal plexuses and brain, upwardly reversing their direction, toward God.

KUNDALINI'S CHALLENGE

Awakening the Kundalini force is extremely difficult and cannot be done accidentally.

THE KUNDALINI SPARK

When you meditate and concentrate at this point in the forehead, and do kriya, at first you feel a swaying current, then a circular motion comes. That is the spark which lights the sushumna current. It cannot be done with just a little practice, it requires years of effort and the help of the guru.

KUNDALIN TAKES YOU INSIDE THE SPINE

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There is a great circular motion that comes and a great churning at the bottom of the spine. What happens is this: You see that your astral body begins to collapse and becomes small and that it enters through the coiled passage. The current flows upward, and on breeze of bliss you float out into the cosmos.

RESULT OF KUNDALINI AWAKENING

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One who is able to awaken the Kundalini fast approaches the state of Christhood.

KUNDALINI TEMPTATION: LOST PARADISE

All children are born and nurtured in the paradise of peace, purity, and bliss until they begin to live on the procreating plane and are then tempted by the creative serpent force. Then begins worry, weakness, jealousy, boredom, and an infinite variety of ills. If some Souls could remain in the sphere of thought and lofty ideals, constantly busy with ideas, enjoying good music, pictures, good food, and fragrant blossoms, and could refrain from getting mixed up with the sense of touch involved in material procreation, they would be in paradise.

KUNDALINI AWAKENING STIMULATES SEX?

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Many ignorant teachers think that awakening the Kundalini force is identical with awakening sex-consciousness: an extremely ridiculous and erroneous conception.

KUNDALINI IN THE APOSTLES

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Jesus knew that most of his disciples had awakened their consciousness by rousing the Kundalini or coiled serpent-like force and therefore he asked his advanced disciples to retain their deep wisdom and calmness which they had acquired by the Kundalini awakening,

PERMANENT REDIRECTION OF KUNDALINI

Moses lifted up this serpent in the wilderness, that is, he withdrew the current that stimulates the sex consciousness, into his brain. This withdrawing of the force temporarily into the brain is not the real awakening. By the higher method of meditation and the awakening of the coccyx center, one can permanently cause the outgoing force of Kundalini to flow toward the brain. Only by the super-psycho-physical methods of awakening the Muladhara or the coccygeal plexus, can one possibly control the sex-consciousness wholly. There is no other way. Ordinary people, ignorant of the impelling force of this Kundalini power, become overpowered by sex troubles. All aspirants in the spiritual path ought to know of first awakening the Kundalini power and then training it to be able to commune with the medulla and the brain.

KUNDALINI, KECHARI MUDRA, AMRITA

This Kundalini moving brainwards, and helped by the union of nerves in the tip of the tongue and *the little tongue*, and certain centers in the nasal cavity, brings about the secretion of a fluid with union of the Life Energy and Cosmic Energy. This secretion of nectar and union of energies do not involve any loss, but mean immense spiritual realization. This method can be practiced regularly and by this method of spiritual intercourse one can permanently stimulate the Kundalini current to enjoy the inner intercourse and the nectar, instead of the physical union and loss caused by the stimulation of the coccyges center

KUNDALINI AWAKENING THROUGH ATTITUDE

Every time you think good thoughts, the kundalini begins to move upward. Every time you hate people or hold harsh thoughts about them, the kundalini automatically moves downward. When you love others selflessly, or think kind thoughts about them, it moves up the spine. Kundalini is not awakened by techniques alone.

KUNDALINI CAUSES OMNIPRESENCE

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Such a devotee who has awakened his serpent force has taken away the searchlight of his consciousness from a limited part of matter and sensations in one body and has expanded his consciousness to light up all space and has an actual perception of the sensations of all living beings.