

Freedom



Brave cords bind me hand and foot
Yet lo, *I am free, ever free.*

Disease, try your tortures,
Yet, *I am free, ever free.*

Health, try your lures,
Yet, *I am free, ever free.*

Death, destroy my body-prison if you will,
Yet, *I am free, ever free.*

Long chains of desires
Forged in the furnace of incarnations
Have tried to bind me,
But I escaped from life to life
And I am at last *free, ever free.*

I enter through the rainbow
Into the free skies
I am free, ever free.

None can bind me
Unless I bind myself.
None can free me
Unless I know *I am free.*

When I know naught exists
To ever bind me,
Then I know *I am free, ever free.*

By Paramhansa Yogananda

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