

31 Meditations on Friendship

– One for Each Day of the Month –



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## *Day 1*

Friendship is the universal  
Spiritual attraction  
which unites Souls  
in the bond of Divine love  
and may manifest itself either  
in two persons or in many.

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## *Day 2*

Friendship is God's love  
shining through the eyes  
of your loved ones,  
calling you home  
to drink His nectar  
of all differences- and selfishness-  
dissolving unity.

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### *Day 3*

Friendship is God's trumpet call,  
bidding the Soul  
to destroy the partitions  
which separate it  
from all other Souls  
and from Him.

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## *Day 4*

True friendship unites two Souls  
so completely  
that they reflect  
the unity of Spirit  
and its Divine qualities.

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## *Day 5*

True friendship is broad  
and inclusive.

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## *Day 6*

When true friendship exists  
between two Souls  
and they seek Spiritual love  
and God's love together,  
when their only wish is to be  
of service to each other,  
their friendship produces  
the flame of Spirit.

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## *Day 7*

Through perfected  
Divine Friendship,  
mutually seeking  
Spiritual perfection,  
you will find the one  
Great Friend.

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## *Day 8*

Friendship is the  
universal spiritual attraction  
which unites souls in the bond  
of divine love,  
manifesting itself in two  
or more individuals.

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## *Day 9*

If you open the door  
to the magnetic power  
of friendship,  
a soul or souls of like vibrations  
will be attracted to you.

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## *Day 10*

Friendship is a manifestation  
of God's love for you,  
expressed through your friends,  
who constitute  
the richest possessions  
a human being can have.

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## *Day 11*

Friendship is eternal.  
If you can form a friendship  
through which God  
is awakened in you,  
that is the greatest  
of all friendships.

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## *Day 12*

True friendship lies in seeking  
soul progress together.

Friendship must never have  
a material end in view,  
or an object to be gained.

Friendship is an ever-increasing  
consciousness of equality  
and the blending of souls  
without any physical relation.

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## *Day 13*

Friendship is the purest  
of all love.

In the love of parents for their  
children there is compulsion;  
in filial love there is compulsion;  
in the love of lovers  
there is compulsion;  
but in true friendship  
there is no compulsion.

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## *Day 14*

Friendship is the most precious  
possession of your life  
and the happiest thing you feel.

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## *Day 15*

Friendship is pure by nature.

When you have

a lily in your hands,

how can you crush it?

When you love a soul dearly,

how can you crush him,

even though he may be wrong?

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## *Day 16*

All good persons who are sent to us  
are expressions of God's love for us.

Every friend who is with us or  
who has passed on from this earth,  
is the medium

through which God Himself  
expresses His friendship to us.

Hence, to ignore friendship  
is to ignore God.

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## *Day 17*

In all our harmonious  
human relations  
we must remember it is God  
who plays hide and seek  
from behind the living hearts  
of our friends.

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## *Day 18*

True sincere friendship  
is the light  
with which we can  
help one another  
to see and pass through  
the door of Heaven.  
When in mutual service  
we forget the little self,  
then only will we see  
the one big Self of the Spirit  
running through us.

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## *Day 19*

The Spirit was *One*.  
By the law of duality it became *two*:  
positive and negative.

Then, by the law of infinity  
applied to the law of relativity,  
it became *many*.

Now the *One* in the *many*  
is endeavoring to unite  
the *many* and make them *One*.  
This effort of the Spirit, to unify  
many Souls into the *One*,  
works through our emotions,  
intelligence, and intuition,  
and finds expression  
through friendship.

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## *Day 20*

Selfish attachment  
to a single individual,  
excluding all others,  
inhibits the development  
of Divine Friendship.  
Extend all the boundaries  
of the glowing kingdom  
of your love,  
gradually including within them  
your family, your neighbors,  
your community, your country,  
all countries;  
in short, all living sentient creatures.  
Be also a Cosmic friend,  
imbued with kindness and affection  
for all of God's Creation,  
scattering love everywhere.

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## *Day 21*

Universal friendship does not mean  
that you must know and love  
all human beings and creatures  
personally and individually.

All you need to do is  
to be ready at all times  
to spread the light of friendly service  
over all living creatures  
which you happen to contact.

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## *Day 22*

Be neither unduly familiar with,  
nor indifferent to, a friend.

Moreover, do not trade-mark him  
by telling him,

“I know all about you.”

Respect and love  
grow among friends  
with time.

“Familiarity breeds contempt.”

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## *Day 23*

If you cannot  
conquer human hearts,  
you cannot conquer  
the Cosmic Heart.

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## *Day 24*

When perfect friendship exists,  
either between two hearts  
or within a group of hearts  
in a Spiritual organization,  
such friendship  
perfects each individual.  
In the heart purified by friendship,  
one beholds an open door of unity  
through which one should invite  
other Souls to enter —  
those who love him  
as well as those who love him not.

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## *Day 25*

When Divine Friendship  
reigns supreme  
in the temple of your heart,  
your Soul will merge  
with the vast Cosmic Soul,  
leaving far behind  
the confining bonds  
which separated it  
from all of God's animate  
and inanimate Creation.

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## *Day 26*

Consider no one a stranger.  
Learn to feel that everybody  
is your kin.

Family love is merely  
one of the first exercises  
in the Divine Teacher's  
course in Friendliness,  
intended to prepare your heart  
for an all-inclusive love.

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## *Day 27*

By being true to yourself  
and a true friend to others,  
you gain the friendship of God.

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## *Day 28*

Sincere, sweet words  
are nectar to thirsty Souls.  
They are in demand everywhere.  
Sweet words create happiness  
in friends, enemies, societies,  
churches, business offices,  
and everywhere.

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## *Day 29*

Seek your friends in this life  
and perfect the friendship  
into Divine Friendship.

One lifetime  
is not always sufficient  
to achieve such perfection.

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## *Day 30*

Divine Love has had  
its foundation in service  
on the Spiritual  
and intuitional planes  
and is unconditional  
and everlasting.

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## *Day 31*

Cultivate true friendliness,  
for only thus  
do you attract true friends  
to yourself.

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## *Daily*

Fools fight.  
Friends discuss  
their differences.

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